



METROPOLITAN CLUB

1915

It's Time We Met!

Welcome to the premier social
and athletic Membership Club
for the Bay Area's most
interesting, and successful women.

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Who is She?

She is elegant.

She is fashionable, appreciates the finer things in life, but can kick back and have a good time as well.

She is gracious.

She enjoys a classic yet modern aesthetic, where careful attention is paid to the nuances of amenities and services.

She is welcoming.

She is a part of a members-only Club, yet values people of all backgrounds and perspectives.

She is comfortable.

She appreciates being casual and relaxed in a refined, traditional setting

She is engaging.

She enjoys contemporary life while also embracing more time-honored values.

She is accomplished.

She is smart and works hard to be the best at what she does in all aspects of life.

She is cultured.

She loves exploring and learning about the world around her.

She is vibrant.

She enjoys an active lifestyle and discerning experiences in travel, leisure, and culinary adventures.

You are here...





This is The Metropolitan Club.

We welcome you with close connections.

This is a place that builds relationships through engaging experiences and supportive friends.

We welcome you with consummate hospitality and refined amenities.

This is a place where casual meals merge comfortably with fine cuisine, and fun-filled activities complement more formal celebrations.

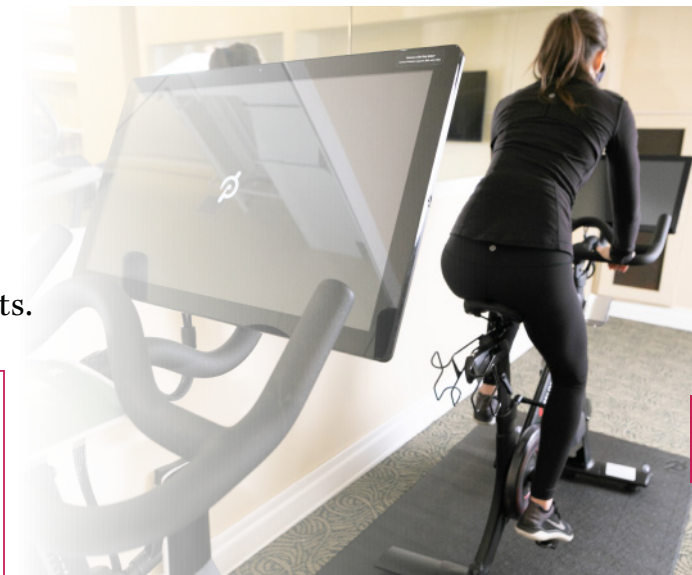
We welcome you with an inspired tradition.

This is a place where generations of women embrace a shared history, moving time-honored customs into the modern era.

We welcome you with a warm smile.

This one-of-a kind place embodies the fabric and energy of the Bay Area, ever interesting, diverse, creative, and unexpected.

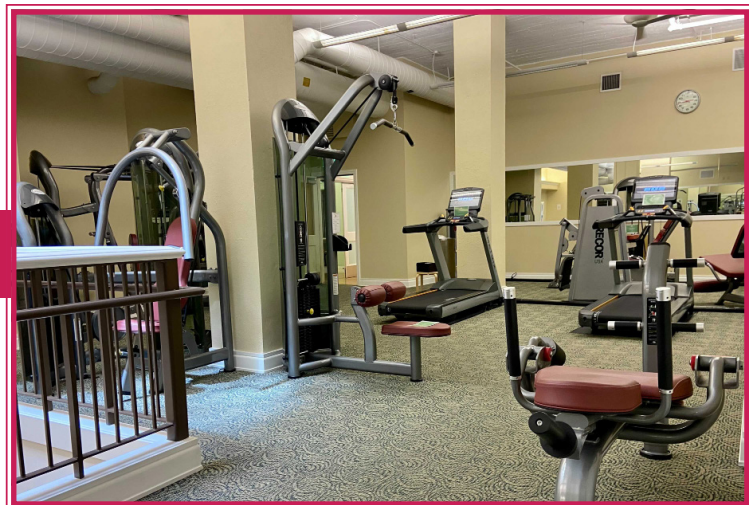
Membership at the Club provides access to a modern fitness area complete with Pilates reformer machines, treadmills, Peloton bikes, free weights, strength-training, and rowing machines. Our accredited staff is on hand for personal training, bootcamps, and wellness retreats.



Fitness Room

“Wellness goals: Keep healthy and strengthen my immune system. But how? Easy! Classes from our Club delivered conveniently to my home through Zoom. Yoga and meditation keep me fit, focused, and connected to my friends. The perfect way to start my days.”

- Kathleen McNulty



Members enjoy a variety of instructor-led, weekly complimentary group fitness classes in our exercise studio, including Iyengar and vinyasa yoga, Aqua Fit, cardio, Strength & Sculpt, Jazzercise, Pilates Mat, and Feldenkrais.



Studio & Personal Training



Indoor Swimming Pool

The pool area of the Fitness Center is one of our most precious amenities. This saline pool harkens back to the ancient days of the Greek and Roman baths. The pool is used for a variety of activities including family swim, aqua aerobics, lap swimming, and therapeutic exercises. The pool is an integral part of the Club's fitness program.

"When I was deciding whether or not to join the Metropolitan Club, it was really the pool that sealed the deal for me. After all of these years of Membership, I am happy to say that the pool continues to consistently delight. How one place can be so thoroughly invigorating and calming at the same time I will never know. I am simply grateful for it." - Leslie Gamber

Cabanas



The locker room area includes personal Cabanas and lockers. Members use their Cabanas to change between activities, store personal items, or just relax. We annually host an event called a “Cabana Crawl” where Members can open their Cabanas and decorate them with a fun display playing to an event theme.



M Spa • Salon

Within the walls of the historic Metropolitan Club, the M Spa • Salon, complete with salon locker room and pampering robe lounge, proves a retreat-like setting to rejuvenate, refresh and recharge the body and restore wellbeing. Members and guests enjoy luxurious healthy pleasures like our Metropolitan Club Facial, custom massages, body treatments, and hot stone therapy. Our expert technicians provide expert gel or traditional manicures and pedicures and hair styling, including beautiful cuts, coloring, tinting, keratin moisture treatments, and blowouts.



"The M Spa is a real asset. We have an incredible hairstylist and colorist. I will not go anywhere else; it's so relaxing, it feels like being at home. You can order food and have a cup of tea or coffee. It can't get any better than that!"

Vivien MacDonald

Our Tennis Court is the first indoor tennis court in San Francisco. We recently renovated and resurfaced it, and this fifth-floor facility is available for daily play of pickleball, tennis ball machine for solo practice. We also have a USPTA certified tennis pro who offers his expertise to those interested in learning new tennis skills or looking to enhance their current abilities.

"I absolutely love playing tennis and pickleball on the historic court at the Club. It is a fun way to see friends and get some exercise at the same time."

- Lori Sherk

Indoor Tennis Courts



Enjoy an elegant lunch or dinner or meet a friend for a casual quick bite. All prepared by a kitchen dedicated to using highest-quality, locally sourced ingredients. You can also host your own private dinner, cocktail party, birthday party, or any special occasion.



Food & Beverage



The Bar

We Know How to Make a Good Stiff Drink! Meet your friends in one of the most beautiful bars in San Francisco. Enjoy seasonal signature cocktails and a wine program featuring the best of California and international vintages.



Café Met

Café Met has had many makeovers in the past, so it's no surprise it was due for one again. Although we don't want our Members disturbing others by speaking on their phones, we realized we needed a convenient and comfortable place to charge devices and catch up on emails and texts. We also needed a handy place to "grab-and-go" smoothies, salads, and baked goods. So, drop by and enjoy the changes we are implementing in our newly revamped Café Met!



Tapestry Room



The newly renovated Tapestry Room is a welcoming space with attentive service, comfortable seating, flattering light, and exciting décor. Located between the Persian Room and Century Room, it's a gem of a room. The ceiling elicits a “Wow” from people walking in.



Our majestic Main Dining Room transports Members and guests to the golden age. With high ceilings and gorgeous columns, it is the perfect venue to host a special event. The breathtaking settings of the Century and Sutter Rooms provide enduring elegance for memorable gatherings including private celebrations, receptions, dinner or cocktail parties, noteworthy lectures, committee meetings, and the Club's special interest groups, including bridge, mahjong, needlework, book groups, painting classes and cinema screening.

Banquet Rooms



Overnight Rooms



The Metropolitan Club's overnight guest rooms and Clubhouse facilities are available to Members, their guests, and members of affiliated clubs. Tucked on the top two floors are 18 guest rooms (including 5 suites.) No two rooms are alike, and each offers the amenities and comforts of home.

"My daughters celebrated many birthdays at the Club. Parties on the tennis court, in the pool, the Board Room, and of course the Main Dining Room. They also had fun sleepovers with friends (chaperoned by me) in our suites. 4-6 girls, fun in the pool, followed by dinner, a movie, and games."

-Karen Clopton



Reciprocal Clubs



*D*o you enjoy travel? Members of the Met Club enjoy privileges at a network of private clubs across the globe. Instead of booking a commercial hotel, stay in a boutique local club with its own unique facilities and personality. Rooftop dining in Spain, a private library in The Hague, a billiards game in Chile, spa time in London's Mayfair, dinner in a Parisian salon, badminton in British Columbia, beachside golf and dining in Hawaii, tennis in Pebble Beach, and a world of other experiences awaits. And members of these far-flung clubs love to stay with us in, which means a drink at the Bar, or a meal here can trigger conversations with interesting people from almost anywhere.

The library has always been a peaceful and welcoming respite. It also offers Members an opportunity to discover great reads. The collection includes quality fiction, mystery, biography, young adult, and non-fiction. Such a wide variety of genres ensures there is something to fuel your inspiration and enrich your imagination. The monthly newsletter, The Arrow, lists the newest books that have been ordered. If you are not a big reader, no worries! The library is a great place to sit and relax while enjoying a view of the lobby.



“Right inside the front door is the treasure of the Club, a beautiful library filled with classics and best sellers which are chosen and ordered monthly by a well-read library committee. This is a lovely peaceful place where one can find the daily California and New York newspapers and many current magazines! After a workout in the well-equipped gym, visit the library to catch your breath before going on to your next activity.”

- Georgiana Evans



It's Time We Met!

We hope you enjoyed exploring the beautiful, historic Metropolitan Club the Home Away from Home for the Bay Area's most successful and interesting women. Call the Membership Director to schedule a tour or seek more information.

Phone : 415.872.7211

Email: membership@metropolitanclubsf.org



Glad We Met!



640 Sutter Street San Francisco, CA 94102
415.872.7200 | Membership@MetropolitanclubSF.org